

The Rosary

With Meditations on St. Joseph and the Holy Family



St. Joseph is the Patron and Foster Father of the Universal Church

... and the spiritual Father of the Mystical Body of Christ. His relation to Christ becomes his relation to the Church. Pope John Paul II stated that Joseph is the greatest saint after Our Lady (1989 Apostolic Exhortation *Redemptoris Custos*).



We know from Scriptures he was a "just man" and was united to Mary through marriage from which is derived his singular dignity. He is also the exemplar of the primacy of the interior life. In Joseph we see the ideal harmony between the active and contemplative life that is only possible for those who possess perfection in charity.

Much has been written and said about St. Joseph. Pius IX declares him the Patron of the Universal Church (confirmed by Pope Leo XIII). St. Augustine calls him the virginal Father of the Savior. Thomas Aquinas identifies his task: to hide Jesus from the adversary. St. Bernadine of Siena, who was the greatest medieval writer on Joseph, supports his preeminent sanctity, while St. Teresa of Avila and St. Frances De Sales proclaim that one has never asked him anything that he did not grant through his powerful intercession. De Sales and others contend that Joseph experienced bodily resurrection based on the Old Testament typology of Joseph's bones being brought to promised land (Ex. 23), attesting to his unique sanctity, similar to John the Baptist who was sanctified in the womb of Elizabeth. Joseph mission demanded an even higher sanctity.

Joseph's mission was two fold: to preserve Mary's virginity, yet while keeping a true and holy marriage, and to remain hidden and obscure. His vocation of silence and obscurity surpassed the Apostles, *yet is part of God's self-revelation in Christ!*

Joseph's sanctity relates to certain biblical principles: The closer you get to the redemptive act, the greater the degree of sanctity because the greater the suffering that is involved, best evidenced by Mary at the foot of the Cross. A divine mission calls for a corresponding degree of grace. God chooses ministers in the work of redemption who receive grace proportionate to their vocation. While only Mary had an intrinsic relationship to the hypostatic order, a union that is precisely redemptive, Joseph is next the nearest to the author of grace, so he received more than any other saint. We must remember that it was God who chose Joseph, a direct act that bespeaks its primacy and its perfection. So, Joseph had a relative perfection of grace proportionate to his mission.

What is the Rosary?



The Rosary is a story

... for contained within the Rosary is the story of salvation, the story of Jesus Christ, recalling the major events in his life—his birth, his childhood, his death, his glorification.

The Rosary is a way of life

... and a model to follow, because the Rosary is a living meditation on the life of Our Lord. As we pray it daily, we begin to live the Gospel message it portrays, to live the life of Christ.

The Rosary is a weapon

...for just as Moses had his staff, we as Christians have the Rosary, an effective weapon against sin. The Rosary is a scriptural meditation, and the Word of God is the “Sword of the Spirit” (Eph 6:17).

For All Christians ...

The Rosary is a prayer for all Christians. It is Christian because it is biblical. It is Christian because, while praying the Rosary, we meditate on the life of Jesus Christ. The Rosary has been a popular form of prayer among Christians for 1200 years. Contrary to what many believe, Protestants as well as Roman Catholics pray the Rosary.

... I have found so few Marian prayers that touch my heart that I have the Rosary in my hands with such gladness, for its simplicity, its scriptural character, its unpretentious love, its appropriateness for every situation of joy or grief or perplexity that life in its time-driven course may bring.

— J. Neville Ward, Methodist Minister
Author of *Five for Sorrow, Ten for Joy*

Where did the Rosary come from?



The Rosary prayer began to develop over a thousand years ago. Monks in Ireland used to pray the 150 Psalms of David that are in the Bible. But for other people, these were long and hard to do. Many people at that time could not read or write. So in place of these psalms, the familiar Lord's prayer (The Our Father) was substituted and repeated 150 times.

About 700 years ago, the angel's greeting to Mary, "Hail Mary, full of grace," found in the Gospel of Luke, was added. It became popular to attach meditations to these prayers too. Then, a group of Austrian Monks divided the Rosary up into the groupings of prayers that we have today.

Tradition has it that Mary herself appeared to St. Dominic. He founded the Dominican religious order. Mary encouraged him to spread the devotion. He and other Dominicans like Alan de la Roche helped spread the Rosary devotion across Europe. Eventually, it spread across the world. Many now pray this wonderful prayer.

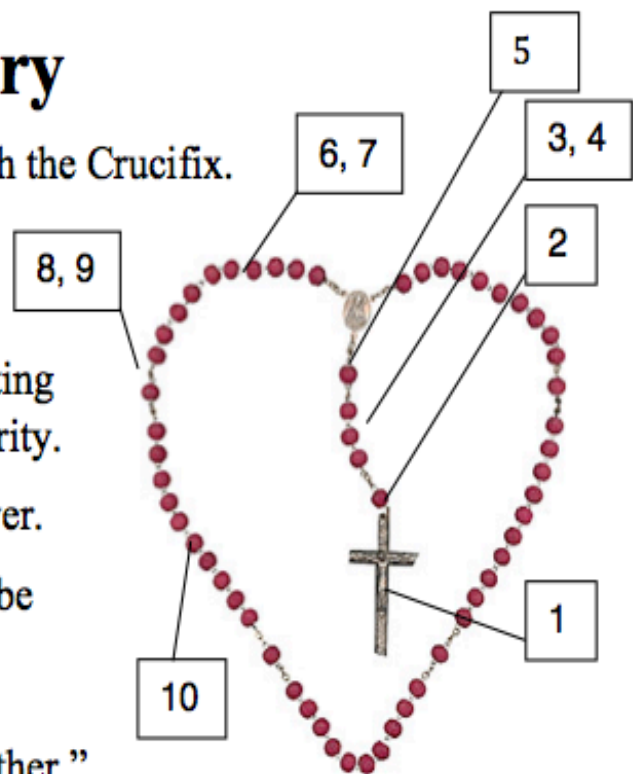
In 1569, the Catholic Church approved the Rosary and decided what the important parts of the Rosary are. This is what we pray today.



St. Dominic

How to Pray the Rosary

1. First make the Sign of the Cross with the Crucifix.
Then pray the Apostles Creed.
2. Pray the Our Father prayer.
3. Pray three Hail Marys while meditating on the virtues of faith, hope and charity.
4. Pray the Glory Be to the Father prayer.
5. Select which set of mysteries are to be meditated upon (example: Joyful).
Read the first mystery meditation.
Then, on this bead, pray the “Our Father.”
6. Pray ten Hail Marys while continuing to meditate on the first mystery meditation.
7. Pray the Glory Be to the Father prayer.
8. Begin the second mystery.
9. Read the meditation for this mystery.
10. Again pray the Our Father, ten Hail Marys and the Glory Be to the Father prayers on these next set of beads.
11. Continue with the third, fourth, and fifth mysteries in the same way.
12. After all five sets of mysteries are done, pray the closing prayers on the joining point of the beads. End with the Sign of the Cross.



How to Pray the Prayers of the Rosary

Let's learn these prayers ...

THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

In this ancient prayer, we recognize that the one true God, our Father in Heaven, also has a Son, Jesus, the Word of God made flesh, and a Holy Spirit. God is One, but He has three Persons: Father, Son and Holy Spirit. This is the Holy Trinity. The Bible teaches this. All Christians believe this.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God the Father almighty. He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



The Apostles' Creed is very old. It tells us all what we must believe as Christians. It came from the Apostles and is prayed in most Christian churches today.



THE LORD'S PRAYER

*Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come. Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.*

This prayer was taught by Jesus our shepherd (Lk 11:2-4, Mt 6:9-13). It's the most universally accepted Christian prayer. The prayer is addressed to God the Father. We want to do God's will. We ask for forgiveness as we forgive others. We pray too that God will protect us from the evil one.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Hail Mary recalls the great moment in history for all peoples, when the angel announces to Mary that God is sending His Son into the world to save us from sin (Lk 1:28-35). Through the power of the Holy Spirit, Mary is to be His Mother. The Word of God was now made flesh (Jn 1:14). The Hail Mary also recalls the words of Mary's cousin Elizabeth (Lk 1:42) when Mary visited her with the Christ child in her womb. Mary responds with her prayer: *The Magnificat*. We conclude by asking for her prayers.

GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

CLOSING PRAYERS AFTER THE ROSARY

HAIL, HOLY QUEEN (Salve Regina)



Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us. And after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

This eleventh century Christian prayer honors Mary, the Mother of Jesus, and recognizes that she will hear our prayers and offer them to her Son. God's life giving grace comes to us through a loving mother's care. She gives us hope because her prayers are most powerful, and her Son Jesus will listen.

TRADITIONAL CLOSING PRAYER

O God, whose only-begotten Son, by His life, death and resurrection, has obtained for us the rewards of eternal life, grant we beseech you: that while meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

PRAYER TO ST. JOSEPH

Dear St. Joseph, we thank you for sharing with us your sorrows and joys in this Rosary. Help us to imitate your virtues of purity, patience, perseverance, and trust in God's holy will. Protect us and the Church from any dangers and the forces of evil. Obtain for us all that we have asked for if it is in accord with God's plan and His holy will. We ask all this in Christ's name. Amen. Mary, Queen of Heaven, pray for us!

First Century Prayer to St. Joseph



O St. Joseph, whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires.

O St. Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord, so that having engaged here below your heavenly power I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for us. Amen.

Jesus, Mary, and Joseph, I give you my heart and soul! Jesus, Mary, and Joseph, assist me in my last agony. Jesus, Mary, and Joseph, may I breath forth my spirit in union with you! Amen.

Mary and Joseph

St. Joseph was the foster father of Jesus and spouse of Mary. Scriptures tell us they were “betrothed” when Mary conceived Jesus by the Holy Spirit, a Jewish ceremony that united the couple in marriage, but, by custom, for a year they had to remain apart.

The perpetual virginity of Mary has been held since the earliest days of the Church, defended by such notables as St. Jerome. But -- if Mary was perpetually virginal, does it mean that Mary and Joseph did not have a true marriage?

To answer this we refer to the basic principle of Christian marriage, as Pope John Paul II taught: the sanctity of marriage -- an unconditional interior gift of self to the other in Christ. The act of conjugal relations, the physical act, is a manifestation of that interior gift of one's heart and soul because the body expresses the person! But you can still have the interior gift, without the necessity of its physical expression; that is, one can have the conjugal "right" without exercising it. Thus, Joseph and Mary had a true marriage, and the absence of physical expression of that doesn't indicate the absence of an authentic marriage. Physical consummation is not the essence of marriage.

Mary was “ever-virgin.” Biblical evidence that Our Lady had other children by Joseph does not exist. The “brothers and sisters” that are referred to are not Mary and Joseph's but can be shown to be cousins or other close associations. For one thing, there was no word in Aramaic for “cousin.” So, brother or sister was used, as supported by the Greek word *adelphos*. Theologically, there are other reasons why Mary could not have had other children by Joseph. Regarding Lukan verses such as “And he [Joseph] knew her not till she brought forth her first born son” (v. 25), “before” and “till,” both etymologically and in context only, establish what has not yet taken place; there is nothing intrinsic in the words that leads to a taking place afterwards. “First born” means only that. Other comparative examples from Scriptures exist that bear this out.

While much of Joseph's life might fall under speculation or opinion, there is enough material in Scriptures to give us an indication of his sanctity and the important role he played in the life of Jesus and Mary: seeking a place for Mary to give birth, protecting Jesus and Mary on the arduous trip to Egypt, and as a Father to Jesus in Nazareth. This booklet will attempt to highlight these events within the framework of the Rosary.

Let us draw near to St. Joseph. In doing so we will find the model Christian family that we all can emulate, and also come to know him as the one to aid us in all our trials.



Devotion to St. Joseph

Devotion to Joseph as our spiritual father is important for obtaining God's grace because his prayers are most powerful! Devotion and prayers to Joseph can help correct problems of "absentee fathers" today and cultivate and protect our father's virtue.

St. Joseph, a model of purity and chastity, is therefore an important role model for our youth to follow. Joseph looks on us all as a people entrusted by God to his care, to exercise universal influence over the whole Church, but also to help us in the details of everyday life, as the model worker in temporal affairs.



***St. Joseph the worker,
be with us as we labor each day
and teach us to offer up our toil and sufferings
for the greater glory of God!***

Let us now pray the Rosary ...

The First Mystery

The Ordeal of Joseph (Mt. 1:18-24)

Fruit of the Mystery: Trust in God

“Joseph, Son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call his name Jesus, for he will save his people from their sins.”

Meditation:

As Pope St. John Paul II points out, in these words we find the core of biblical truth about Joseph to which Church Fathers make special reference. Mary was “found to be with child,” and upon finding out of her pregnancy, Joseph was no doubt distressed; and as the Gospel of Matthew tells us, “her husband Joseph, being a just man and unwilling to put her to shame, resolved to send her away quietly” (vs. 18-19). But while he considered this action, an angel of the Lord appeared to him in a dream – now Joseph understood! Although Mary is already “wedded” to him, she will remain a virgin, because the child conceived in her at the Annunciation was conceived by the Holy Spirit. In this, the angel introduced Joseph to the mystery of Mary’s motherhood. And upon awakening, he took Mary as his wife (v. 24). And like Mary, Joseph had faith in what he was told and accepted the will of God. You might say, it became Joseph’s *fiat!*

But what about Mary? Can we only imagine the patience and trust Mary must have had when her husband realized she is with child? Rather than explaining it, she apparently remained silent, and not defend herself against the possibility of infidelity, although there is no indication Joseph thought this. God then sent an angel to defend the virginity of the Mother of God. *Do we too have such patience, trust in God, and the desire to do His will?*

While meditating on this mystery, pray the Our Father, 10 Hail Marys, and the Glory Be to the Father.



The Second Mystery

The Birth of Jesus (Lk 2:1-7)

Fruit of the Mystery: Poverty

“And Joseph also went up from Galilee, from the city of Nazareth, to Judea, to the city of David, which was called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary his betrothed, who was with child ... And she gave birth to her first born Son and wrapped him in swaddling cloths, and laid him in a manger, because there was no room for them in the Inn.”



Meditation:

After sharing in the joy Joseph must have had by conferring the name of Jesus on the adorable infant, we can speculate as to the weariness and suffering both Mary and Joseph endured when there was no room at the Inn in Bethlehem nor adequate shelter where the Son of God could be born. But they accepted God's will, and Joseph found shelter for Mary in a cave. How many fathers today want more for their family and experience the same emotions and feelings that Mary and Joseph likely experienced?

As the loving guardian of the family of Nazareth, Joseph is still the good father and protector of orphans and the homeless, the defender of the defenseless, the patron of those in need. We are critically remiss if we do not see role of Joseph with the Holy Family, and also his role for us today. He is still the foster father of the Church! We as his foster children need to allow him to use his intercessory power for our good. Whatever Joseph is to Jesus, Joseph is to us, because as foster father to Jesus, he is foster father to his body, the Church, to which we belong. All families experience trials and sufferings. Draw close to St. Joseph!

While meditating on this event, pray the Our Father, 10 Hail Marys, and the Glory Be to the Father.

The Third Mystery

Simeon's Prophecy (Lk 2:22-38)

Fruit of the Mystery: Repentance

"... and when the parents brought in the child Jesus ... [Simeon] took him up in his arms and blessed God and said, 'Lord, now let your servant depart in peace ... for my eyes have seen your salvation ... Simeon blessed them and said to his Mother, 'Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against, and a sword will pierce through your own soul also, that the thoughts of many hearts may be revealed'."



Meditation:

Following Jewish ritual, the infant Jesus is presented in the temple by Mary and Joseph. One might think of this as an insignificant event, but a closer look will reveal that this is a foreshadowing of Calvary and Mary's co-redemptive role. We find a mother obediently offering her child in the Temple, offering Him to God! And this is exactly what will happen at Calvary, where Mary will consent to offer her Son as a spotless victim to the Father in perfect obedience. The Presentation is "Calvary predicted," performed ritually before it happens! Importantly, in the Temple, Simeon connects Mary's sufferings intimately with those of Jesus. He looks at Mary and her child and sees the *maternal relationship* here: You're the Mother of the sign of contradiction, so "a sword will pierce your heart too!" Why? Because you are the Mother of the sign of contradiction -- you will suffer too!

Can we not speculate as to the painful suffering Joseph felt too at these words that declare Jesus and His holy Mother are to be future victims of our sins out of their great love for us?

While meditating on this event, pray the Our Father, 10 Hail Marys, and the Glory Be to the Father.

The Fourth Mystery

The Flight into Egypt (Mt 2:1-23)

Fruit of the Mystery: Perseverance

" ... behold, an angel of the Lord appeared to Joseph in a dream and said, 'Rise, take the child and his mother and flee to Egypt and remain there until I tell you; for Herod is about to search for the child, to destroy him.'"

Meditation:

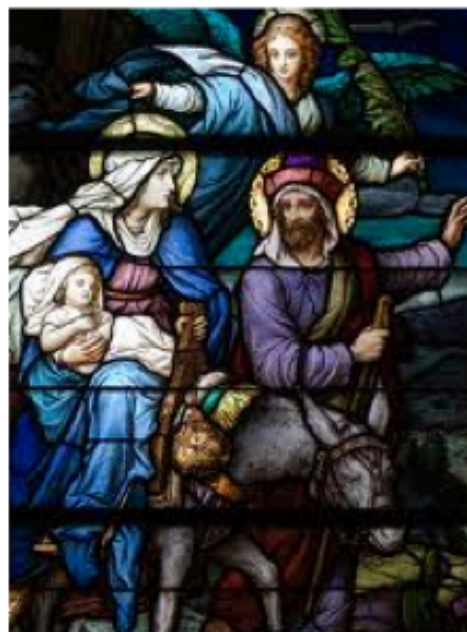
Perhaps the greatest example of St. Joseph protecting Jesus and Mary is the Holy Family's flight into Egypt and their return, with King Herod attempting to find and destroy the Christ child. Think of the responsibility that has been placed on Joseph's shoulders.

Notice too in Matthew (vs. 11, 14, 21), Scripture uses the expression "child with his mother" -- a Madonna-child emphasis which bespeaks the intimacy of this Mother-child relationship, and also tells us about the chaste nature of Joseph and the virginity of Mary because it's not the "son of Joseph" but the "child and his Mother."

How much we must respect divine providence that has appointed Joseph as the head of the family. We find the angel coming to him to take care of the seat of Wisdom *and* Incarnate Wisdom, and God then trusts him to take care of the Holy Family as Jesus grows up in Nazareth. This is St. Joseph's God-given vocation! Therefore, we too should strongly invest our confidence in coming to him for protection, not only for our own family in times of difficulty, but for the Church as well, and for the Church's protection in foreign and many pagan lands.

Do we come to Joseph to protect us in our travels and spiritual journey?

While meditating on this event, pray the Our Father, 10 Hail Marys, and the Glory Be to the Father.



The Fifth Mystery

Finding Jesus in the Temple (Lk 2:41-52)

Fruit of the Mystery: Patience

“After three days they found [Jesus] in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers.”



Meditation:

One can only imagine the anxiety of Mary and Joseph after their yearly feast of Passover in Jerusalem when Jesus, now 12, was not to be found among his kinsfolk and acquaintances while traveling back to Nazareth. Upon their returning and finding him, Our Lord responded (v. 49), *“Did you not know I must be in my Father’s house?”* What joy in finding Him, and then the later comfort they found at Nazareth while living

in the company of the child Jesus who was both submissive and obedient as He grew in “wisdom and stature.” How much did Jesus learn from Joseph? How many people in Nazareth knew the family? Might they have noticed something different about them? Surely so! More importantly, *what can we learn from a family who has Christ as the center of their family life?*

While meditating on this event, pray the Our Father, 10 Hail Marys, and the Glory Be to the Father. Then pray the closing prayers

The death of Joseph prior to Jesus’ ministry is not recorded in Scriptures. We can only speculate; that God’s plan had a purpose. Mary would not be caring for him, but would instead be following her Son as the model disciple, to the foot of the Cross. We honor Joseph for his perfect love and conformity to accept the Divine order to depart from this life and the company of Jesus and Mary.



Let's Pray to Joseph As We Labor

Prayer of St. Pope Pius X

*Glorious St. Joseph,
model of all who are devoted to labor,
obtain for me the grace to work
in the spirit of penance in expiation of my many sins;
to work conscientiously by placing love of duty
above my inclinations;
to gratefully and joyously deem it an honor
to employ and to develop by labor
the gifts I have received from God,
to work methodically, peacefully, and in moderation
and patience, without ever shrinking from it
through weariness or difficulty to work;
above all, with purity of intention and unselfishness,
having unceasingly before my eyes death
and the account I have to render of time lost,
talents unused, good not done,
and vain complacency in success,
so baneful to the work of God.
All for Jesus, all for Mary,
all to imitate thee, O patriarch St. Joseph!
This shall be my motto for life and eternity.
Amen.*

Let us honor St. Joseph, Protector of the Church!



In 1889, Pope Leo XIII issued the encyclical *Quamquam Pluries* in which he urged Catholics to pray to Saint Joseph as the patron of the Church in view of the challenges of those times.

The same challenges exist today. The Church is again under attack from all sides. In 1989, Pope John Paul II echoed the same in his Apostolic Exhortation *Redemptoris Custos* – Guardian of the Redeemer (n. 31). Pope John XXIII added the name of Joseph to the Canon of the Mass. Let us pray to St. Joseph for his protection. And let us pray his Rosary, hand in hand with Mary!

Let us Honor Mary, Our Spiritual Mother!

Mary is the Mother of Jesus. By giving birth to Jesus physically Mary also gives birth to all of God's children *spiritually*. She truly is our spiritual Mother and Mother of God's Church. Mary is our Mother for our spiritual food. She is a true mother because she gives life to us! How? She brings us forth into a life of grace, through Jesus. She is a pro-active channel for God's grace. What is grace? It is God's life within us!

Jesus loves His Mother Mary, so we too should love His Mother. Our love and devotion to Mary is merely a participation in the love Jesus had for His own Mother. And we imitate Christ! We can ask her to help us follow her Son. She will bring us close to her Son. One of the best ways we can honor and help her is by praying the Rosary daily. She needs our prayers!



A Prayer to St. Joseph

Prayer of Pope Leo XIII



To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance that Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and as once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die holily, and to obtain eternal happiness in heaven. Amen.

From Pope Leo XIII's encyclical *Quamquam Pluries*. Leo XIII attached to his encyclical a special Prayer to St. Joseph ordering that it be added to the recitation of the Rosary every year in perpetuity, during the month of October. To this prayer he attached an indulgence, which is fittingly preserved in the *Enchiridion Indulgentiarum*. He also recommended dedicating to the holy Patriarch the month of March, with daily exercises of piety in his honor, and to observe at least a triduum of prayers preceding the Feast of St. Joseph. [Ref: Eternal Word Television Network Website, <http://www.ewtn.com/>].



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Nihil Obstat & Imprimatur

Daniel Cardinal DiNardo, Archbishop of Galveston Houston, 14 August 2014

The Rosary has a primacy of place in the Church and is biblically based. These meditations bring into focus the life of St. Joseph to which I feel is the ‘desirement’ of Our Lady, and my long time promise to St Joseph to put this booklet together for the many past favors granted. It is my hope we all can draw closer to our foster father and integrate him into our spiritual life and in the everyday life of our families.

The Author

For the Teacher:

This booklet uses non-traditional meditations

... in lieu of the traditional ones and are for instructional and devotional purposes. The Church allows creativity with regard to the mysteries of the Rosary, so long as they relate to the life and work of Jesus Christ and his holy Mother. The biblical events surrounding the Incarnation include the Holy Family and the role of St. Joseph and form part of God’s self-revelation in Christ (see the 1973 USCCB document entitled, *Behold Your Mother, Woman of Faith*, n. 97).

Booklet Credits/Abbreviations:

Biblical citations quoted are from the RSV except where noted.

Editing Assistance: Mary Anderson

Principle References:

Apostolic Exhortation *Redemptoris Custos* (Pope John Paul II); *Quamquam Pluries* (Pope Leo XIII); www.ewtn.com/

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